

Weekday readings: Year 2.

Sunday readings: Year B.

Psalter: Week 2.

Morning Prayer: Monday to Wednesday and Friday at 09.15 a.m.

Sat 10 th	5.30 p.m.	Wood	Sacrament of Reconciliation/Confessions until 5.50 p.m.	
Sat 10 th	6.00 p.m.	Wood	Peter Hamill, † (Jean & Sue Wallace)	Ordinary
SUN 11th	9.00 a.m.	Fram	For the people of the Parish	Time 6
SUN 11th	11.00 a.m.	Wood	Paul & Cecilia Jennings, †† (Susanna Gibbons)	
Mon 12 th	9.30 a.m.	Wood	No intention received.	
Tue 13 th	9.30 a.m.	Wood	Michael Flaherty, † (Angie Punaks)	
Wed 14 th	9.30 a.m.	Wood	For Valerie Power (Jean Wallace)	<u>ASH WEDNESDAY</u>
Wed 14 th	12.00 p.m.	Fram	Harry Fuller, † (Suzanne Wilkinson-Booker)	
Thu 15 th	No Mass today.		-	
Fri 16 th	9.30 a.m.	Wood	No intention received.	
Fri 16 th	6.30 p.m.	Fram	Stations of the Cross at Saint Clare's Church	
Sat 17 th	5.30 p.m.	Wood	Sacrament of Reconciliation/Confessions until 5.50 p.m.	
Sat 17 th	6.00 p.m.	Wood	For the people of the Parish	
SUN 18th	9.00 a.m.	Fram	Mr. Arnott, † (Ann & Deacon Mike)	Lent I
SUN 18th	11.00 a.m.	Wood	No intention received.	
Mon 19 th	12.00 p.m.	Wood	Requiem Mass : Dominic Mass, †	
Mon 19 th	1.30 p.m.	Nacton	Rite of Committal at Crematorium : Dominic Moss, †	

Sunday 11th February is "*World Day of Prayer for the Sick*". It is also a day of special prayer for the unemployed. Please remember the sick and the unemployed in your daily prayers.

We have been asked to pray for the sick, troubled and distressed: Penelope Bowden, Melinda Bowden and Tony Cox, Nick Betts-Green, Marie Bruce, Margaret Campbell-Preston, Deacon Peter Coates, Patricia Elliott, Jane Hamilton-Hunting, Lilian Healey, Eileen Holliday, Alan Humphrey, Liz Jackson, Trevor Laird, Mary Lister, Brendan McArdle, Doris O'Keeffe, Joyce O'Toole, Crispin Rope, David Sampson, Aileen Sanderson, Carol Spence, Harold Watters, Jesse Webb, and Bruce Wisbey.
Our Lady of Lourdes, pray for the sick. Amen.

Saint Thomas's Ladies Group will be holding a coffee morning event at the church on Tuesday 13th February from 10.30 a.m. Everyone is welcome.

Ash Wednesday: The liturgical season of Lent begins on Wednesday 14th February. The blessing and imposition of ashes will take place during the celebration of Mass:- 09.30 a.m. at Woodbridge and 12.00 p.m. at Framlingham. Ash Wednesday is a day of fasting and abstinence.

FASTING AND ABSTINENCE: Lent is the traditional season in the Church's year for renewal and repentance in Christ. The Church prescribes that **Ash Wednesday** and **Good Friday** are to be observed by members of the Catholic Church as days of fasting and abstinence. Fasting means that the amount of food we eat on these days is considerably reduced. Abstinence means that we give up a particular kind of food or drink or form of amusement. Those members of the Catholic Church over the age of eighteen are bound by the law of fasting until the beginning of their sixtieth year, while all members of the Catholic Church over the age of fourteen years are also bound by the law of abstinence on Ash Wednesday and Good Friday.

LENTEN ALMS: Bishop Hopes has designated two charities for our Lenten Alms collections this year. They are: Aid to the Church in Need (ACNUK) and "Don't screen us out".

LENT LUNCHES 2018: Every Thursday during the weeks of Lent. Starting Thursday 15th February. In the Salvation Army's hall, Woodbridge. 12.00 to 1.30 p.m. See poster in church for details.

CHURCH BRASS CLEANING: Please come and help with the church brass cleaning on Friday 16th February, after the morning Mass at Saint Thomas's Church, Woodbridge. All helpers are very welcome. Coffee will be available.

FRIDAY EVENING STATIONS OF THE CROSS AND LENTEN MEDITATION: Every Friday evening during the weeks of Lent in St. Clare's Church, Framlingham. Starting at 6.30 p.m.

CAFOD's Lent Fast Day appeal, on Friday 23rd February, focuses on the transforming effect that your financial support has had on Marion, her family and her community in Zimbabwe. CAFOD encourages us not only to give but to fast and pray for those who go without the bare essentials of life. In addition, donations received by CAFOD between Shrove Tuesday 13th February and Saturday 12th May will be doubled by the U.K. government. This is a rare opportunity so please give generously if you can, *writes Myles Smith.*

LENT STATION MASS: Bishop Alan Hopes will be celebrating the **Lent Station Mass** for the parishes of our Deanery at Saint Pancras's Church, Orwell Place, Ipswich, on Friday 2nd March at 7.00 p.m. The bishop and other priests will be available for hear Confessions for an hour before the Mass.

February Anniversaries from the Parish Registers: Please pray for the repose of the souls of the Faithful Departed:- Lavinia Andrews (1998), Wilfred Slater (1998), Cyril Way (2001), Tadensz Wysocki (2002), Myrtle Skipper (2003), Veronica Doolin (2004), Margaret Kerr-Gregory (2004), Cecilia McWilliams (2005), John Spivey (2006), Terrence Collins (2009), Gladys Bartlett (2010), Alice Chilvers (2010), Irene Woolgar (2011), Brian Taylor (2012), Jan Preihs (2014), Jean Winter (2015) and Karen Marie Bennight (2017). May they rest in peace. Amen.

Father Edmund, and Deacons Mike and Peter wish all parishioners and visitors to the parish every Blessing.